

Tony McDonald

Palm Beach Currumbin State High School

October 8, 2018

Dear Sir/Madam,

My name is Tony McDonald and I have been asked to write a reference for Jye Gillard. I do this with extreme pleasure.

I am a teacher with over 40 years experience at Palm Beach Currumbin State High, on the Gold Coast, Queensland. I have known Jye for 5 years as his track coach. In this time, he has progressed from a good athlete to an outstanding National medallist in the 400m. Jye has accomplished this through dedicated commitment, perseverance, lots of hard work and just a touch of talent! He is a good listener and a fast learner. He has always gone above and beyond what was required from his Sport Excellence requirements. He is a real competitor who runs with intelligence and heart.

Off the track, Jye is equally as impressive. He is a mature, responsible young man who can be trusted and relied upon at all times. He is always happy and bright and has become a revered role model to the younger members of the track squad. He is personable young man who others, coach included, are happy to confide in. Jye has always been an excellent trainer – arrives early, works extremely hard and leaves nothing in the tank at the conclusion of each and every session.

I know Jye is capable and determined to take the next step in his development. He can, and will, achieve what he is destined to do, of this I am sure. He is confident in his own ability now, and can see what I have always seen.

I have no hesitation in recommending Jye for any position he desires – lucky are the people who get him!

I would be pleased to discuss any concerns or queries you have regarding Jye. Please do hesitate to contact me.

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Yours truthfully,

Tony McDonald

