



Reference for Emily Dare.

To whom it may concern,

I have known Emily over the last 6 years in my capacity as Head of Community Sport at St Leonard's College. Emily is a student that seeks out extra co-curricular activities and with her enthusiasm and energy is able to be successful in most things she tackles. Some of the sports and activities she has participated in:

Surf lifesaving, adventure racing and Hillary Challenge (team based outdoor pursuit event involving navigation, challenges and adventure racing), touch football, netball, athletics and cross country running.

Emily is an individual that draws in other people as she naturally engages with others with her relaxed and friendly personality. She is full of life and loves to take on new challenges and encourages others.

She is a natural leader, leading by example and encouraging others to join in and be part of the team.

Emily is vice-captain of the school athletics team at the College and is on track to receive both full colours for athletics and cross country. Last year at the Schools Cross Country Championships, competing in the year 10-12 event, Emily ran an outstanding race to beat the two best runners in the school from the year above her. It was the highlight event of the day and really showcased how determined and dedicated she is to her running.

Unfortunately, due to her strong running commitments outside the college at a State & National level, this has prevented at times to be more involved in the school's programs. She has stepped up her involvement this year in the school's athletics program as year 12 students play a valuable role as leaders and mentors to the younger year levels. Emily is also a House Sports Leader and is actively involved with working with students in year 7-12.

At the upcoming schools Sports Awards night, she is line to receive the St Leonard's Service to Sport Award. This recognized her strong contribution to sport across the college and the leadership associated with this: Touch Football, Netball, Athletics and Cross Country.

Emily is a very studious and intelligent individual that enjoys academic & mental stimulation as well. She has achieved strongly at St Leonard's College academically, and is likely to be in the top 5-10% of students.

Yours Sincerely,

Mark Slykhuis

HEAD OF COMMUNITY SPORT at St Leonard's College.